



DINNER



SOUP and SHARES

8oz cup / 12oz bowl

soup sampler of 3 pours / TO-GO QUART

Check our specials board for the list of daily house made soups.

- GOAT CHEESE GNOCCHI** 10
creamy goat cheese sauce, golden raisins, balsamic reduction
- STEAMED MUSSELS** 14
choose from basil pistou cream, white wine & thyme butter, OR Thai coconut broth. served with grilled focaccia bread
- GLUTEN FREE CORNBREAD** 6
gluten free cornbread, blueberry hot honey
\$1 from this item will go back to Quest, a local nonprofit organization dedicated to promoting mental fitness, emotional well being, and community connection, empowering college students and young adults to build healthier minds and stronger support systems.
- BALSAMIC BRUSSELS** 9
balsamic and roasted garlic glazed brussels, parmesan cheese
- ROASTED BEET HUMMUS** 8
feta crumble, garlic toast points
- CHICKEN FETA MEATBALLS** 10
tri colored bell peppers, tomato-vodka sauce



RUFFAGE

with choice of dressing: balsamic roasted garlic, sweet basil & honey, avocado ranch, white balsamic vinaigrette, lemon maple vinaigrette ()

- CHICKEN COBB** 15.50
artisan greens, avocado, smoked bacon, blue cheese, eggs, tomatoes
- SMOKED SALMON*** 18
artisan greens, roasted corn, grilled green onions, capers
- ARUGULA** 13.50
goat cheese, roasted beets, candied walnuts, carrots
- SPINACH SALAD** 14
marinated artichoke hearts, feta, tomatoes, fresh asparagus, cucumber
- FLC CAESAR*** 13
artisan greens, warm three cheese tortellini, parmesan, croûtons
- CITRUS KALE SALAD** 14
strawberries, blueberries, tri colored quinoa, feta

ADD PROTEIN TO ANY SALAD or VEGETARIAN ENTRÉE

sautéed shrimp 7.50 / all natural chicken 6.50
pan fried tofu 5.50 / north Atlantic salmon* 8.50

BETWEEN THE BREAD

Served on your choice of multigrain, sourdough, rye, baguette, spinach tortilla, croissant (+ 1.50) or gluten free bread

- ROASTED TURKEY** 15
cranberry spread, herb cream cheese, artisan greens, tomatoes, onions
- CHICKEN SALAD CLUB** 15
avocado, smoked bacon, red grapes, artisan greens, tomatoes, onions
- PORTOBELLO GOAT CHEESE BURGER** 13
baby spinach, tomatoes, sweet basil mayonnaise, onions
- PEPPERCORN & CORIANDER RARE ROAST BEEF*** 16
horseradish mayonnaise, honey grain mustard, smoked provolone, artisan greens, tomatoes, onions

All sandwiches may be made Gluten Free.

ENTRÉES

- CHICKEN OR EGGPLANT PARMESAN** 21/18
panko bread crumb crusted all natural chicken OR eggplant tomato basil sauce, fresh mozzarella, fettuccine
- TRI COLORED CHEESE TORTELLINI** 17
portobello mushrooms, baby spinach, sundried tomatoes, cracked pepper parmesan cream
- SHRIMP GNOCCHI** 22
roasted garlic cream sauce, caramelized onions, roasted cherry tomatoes, golden raisins
- NEW PORK SALTIMBOCCA** 22
pan fried pork loin, fried sage, tomato, mozzarella, garlic whipped potatoes, brussels sprouts, citrus infused demi glace
- CHICKEN PAILLARD** 19
prosciutto, parmesan, roasted garlic whipped potatoes, roasted beet and caramelized onion arugula salad, white balsamic vinaigrette, beet reduction
- CHICKEN MARSALA** 20
mushrooms, tomatoes, marsala wine sauce, baby spinach, fettuccine
- SPICED SALMON*** 24
wild mushroom "rice-otto", cranberry mostarda
- THAI COCONUT HOT POT** 18
hand made alkaline noodles, cabbage, kale, shiitake mushrooms, broccoli, asparagus, peas, carrots, cilantro, spicy Thai coconut broth
- FLOUNDER PICCATA** 25
panko breaded flounder, garlic whipped potatoes, piccata sauce with tomatoes, capers, spinach and cream
- RED WINE BRAISED SHORT RIB** 28
garlic whipped potatoes, grilled asparagus, mushroom ragu
- VEGGIE STIR FRY** 17
broccoli, bell peppers, mixed wild mushrooms, squash, asparagus, carolina gold rice, hoisin sauce
Add Chicken +6.50 | Shrimp +7.50 | Salmon +8.50 | Tofu +5.50
- NEW HERB CRUSTED TOFU** 18
saute of tri colored quinoa, brussels sprouts, dried cranberries, marinated kale, beet chow chow

SIDES

- MARINATED ROASTED ASPARAGUS** 5
with white balsamic vinaigrette, shaved parmesan
- SAUTÉED SPINACH** with kale, garlic, butter 5
- SAUTÉED BROCCOLI** with lemon, olive oil 5
- ROASTED GARLIC WHIPPED POTATOES** 5
- SEASONAL VEGETABLES** 5

KIDS MENU 12 and under. Add a drink for \$3

FRUIT COMES WITH EACH ORDER

- GRILLED CHEESE 5
- PB&J 5
- TURKEY & CHEDDAR 6.50
- CHEESE QUESADILLA 5
- GRILLED CHICKEN TENDERS 7
with side of broccoli
- TORTELLINI w/butter and parmesan 6
- KIDS FETTUCCINE w/alfredo sauce 6

EXTRA SIDES:

- BROCCOLI WITH BUTTER 3
- FRUIT CUP 3

Please inform server of any dietary restrictions. (gluten free) (vegan) (vegetarian)

*Could contain undercooked meat, eggs, or seafood. Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness especially if you have certain medical conditions.